



## Senior School Swimming Kit Policy

March 2021

### 1. **Kit Items**

1.1 All students are expected to attend swimming lessons with correct kit; this ensures their own and others' safety, as well as enabling swimmers to participate to their full potential. Students can wear their own black swimming costume or trunks, as long as they adhere to the following safety guidelines:

- Swimming trunks (can be Speedos, Jammers or looser shorts which finish above the knee)
- One-piece Swimsuit (can be styles such as razor, atom or t-back, hydrasuits, legsuits to the knee)

1.2 In addition, students will also require to source their own:

- Swim hat (preferably silicone): this is essential for taking part in the water
- Towel (essential, but we do have some laundered spares – in extremis!)
- Goggles (optional, but something we cannot loan)
- Rash vest/T-shirt and/or shorts (optional items to wear in addition to their costumes/trunks – teachers will advise, on an individual basis, if any items are felt to be unsafe for this purpose<sup>1</sup>).

### 2. **Naming and Storing Swimming kit during the day**

2.1 All items of Swim kit and bags should be named, to help reunite any items found. Students can carry their Swim kit around with them during the school day or leave it in their locked lockers.

### 3. **Swim Kit during Galas**

3.1 Students should wear their black swim kit, or after checking with their Swimming Teacher, a club suit may be allowed; a St Chris Swim Hat and team shirt will be loaned to students for the gala and must be returned as soon as possible afterwards.

### 4. **Missing some/all kit for a lesson**

- 4.1 Students without correct kit should bring in alternative kit and a note/email from home explaining the reason and detailing whether it is a one-off event or a longer-term situation.
- 4.2 Reasons for missing kit will be addressed on an individual basis.
- 4.3 Spare kit, if available and permitted, will be loaned to students by the Pool Staff
- 4.4 If students forget their kit twice, they will be expected to speak with their teacher at another time to help resolve the issue.

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<sup>1</sup> The Association for Physical Education, Safe Practice: in Physical Education, School Sport and Physical Activity. (AfPE & UK Coaching, 2020), 2.14.33



- 4.5 Situations where students persistently arrive without kit, will be addressed in line with the School's behavioural policy.

## 5 **Permanently lost or unavailable Kit**

- 5.1 Staff will give students until their next lesson to find any lost kit items; students must wear an alternative set of their own swimwear in the interim, preferably in black/navy
- 5.2 After that time, it is expected that the Swim kit should be replaced, please. The Pool Team is happy to check if there are any items in Lost Property that can replace those missing; or students can source and wear another costume temporarily or parents can re-order a new kit.
- 5.3 For Students due to finish their time in compulsory Games lesson within two terms, eg. V Group (Year 11) Students, we understand parents will not want to buy a whole swim kit for just that half term's use, students may wear another suitable swimsuit/trunks Instead (as per guidelines above).

## 6 **Jewellery, Long Hair and Nails**

- 6.1 "Body jewellery..., Religious artefacts... [and] medical bracelets} must be removed...to a safe standard"<sup>2</sup> Pool Staff will not allow students to participate where piercings may be at risk of puncturing the skin or being ripped out or where items may get caught in the pool, trapping students under the water. Students may need to adopt other roles (eg. coach/official)
- 6.2 "Long hair should always be tied back [or kept in a swim hat]...to prevent vision being impaired"<sup>3</sup> and it being caught in the pool. Students should bring in their own hairbands/hats or the Pool Team may be able to issue them with an alternative but, if neither are available, Students will need to take part in another sporting role (coach/official)
- 6.3 "Nails need to be sufficiently short to prevent injury to self and others"<sup>4</sup>

Any remaining questions regarding kit, please contact your current swim teacher, the Pool Manager or the Head of Swimming.

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<sup>2</sup> The AfPE, Safe Practice: in PE, School Sport and Physical Activity. (AfPE & UK Coaching, 2020), 2.14.13/14/16

<sup>3</sup> The AfPE, Safe Practice: in PE, School Sport and Physical Activity. (AfPE & UK Coaching, 2020), 2.14.20

<sup>4</sup> The AfPE, Safe Practice: in PE, School Sport and Physical Activity. (AfPE & UK Coaching, 2020), 2.14.21