



Senior School PE Kit Policy

March 2021

1. Kit Items

- 1.1 All students are expected to attend practical Physical Education and Games lessons with correct kit. This ensures their own and others' safety, as well as enabling students to participate to their full potential.
- 1.2 St Chris PE kit is available through our suppliers, SWI; please use this link to set up an account and place your orders:
<https://www.swischoolwear.co.uk/>
- 1.3 Students are expected to wear any/all of the following School kit items during Games lessons¹, dependent on their preference and the weather:
 - Performance SS Training Top (male/female fit)
 - Shorts (male/female fit), skort, leggings or Tracksuit bottoms
 - 1 x Performance tracksuit top (Female full zip or Male ¼ zip)
 - ProTec rugby top (Female/Male fit)
 - Base Layer (a plain white version is available on the website, or students may wear their own)
- 1.4 In addition, students will also require appropriate footwear:
 - Football boots (plastic studs only) and long socks for football and rugby.
 - Well-fitting astros or trainers (not fashion shoes, please) which give “effective grip and support”² for all other sports
- 1.5 Additional items are also needed and PE Staff will alert students when they will need these:
 - Gum shield (eg. for hockey). Students may purchase these for £1 through the PE Department or source their own.
 - Shin pads (eg. for football). Students must source their own – any type is allowed.

¹ A plain (no patterns; some small logo/branding is ok) white sports polo or t-shirt and plain black/navy shorts, leggings, tracksuit bottoms or sports jumpers are also permitted

² The Association for Physical Education, Safe Practice: in Physical Education, School Sport and Physical Activity. (AfPE & UK Coaching, 2020), 2.14.38



1.6 Additional, personal, items are also allowed to be worn in colder/wetter weathers:

- A waterproof layer (students' own are fine, but we would suggest a breathable material)
- Woolly 'beanie' and warm gloves (gloves will be assessed for safety in ball-catching sports)

1.7 Items that cannot be worn:

- Hoodies: this is "to ensure students have adequate peripheral vision"³ and includes hoodies where the hood has been tucked in, as it may come out again during participation. If students cannot remove their hoodie during a lesson, they will be given another sporting role, eg. official/coach.

2. Naming and Storing PE kit during the day

2.1 All items of PE kit should be named, to help reunite any items found. Students can carry their PE kit around with them during the school day or leave it in their lockers.

3. Kit during Fixtures

3.1 Students should wear the School PE kit when representing the School; PE Staff will advise which items are allowed/best suited for the particular match.

4. Missing some/all kit for a lesson

4.1 Students without correct kit should bring in alternative kit (which is also a change of attire to their day's outfit) and a note/email from home explaining the reason and detailing whether it is a one-off event or a longer-term situation.

4.2 Reasons for missing kit will be addressed on an individual basis.

4.3 Spare kit, if available and permitted, will be loaned to students by the PE Department

4.4 If students forget their kit twice, they will be expected to speak with their teacher at another time to help resolve the issue.

4.5 Situations where students persistently arrive without kit, will be addressed in line with the School's Behaviour Policy.

5. Permanently lost or unavailable Kit

5.1 Staff will give students a week (ie. two PE lessons) to find any lost kit items; students must wear an alternative set of their own sportswear in the interim, preferably in black/navy/white and must be a change of clothes from those worn during the rest of the day

5.2 After that time, it is expected that the PE kit should be replaced. The PE Department is happy to check if there are any items in lost property that can replace those missing; or students can source and wear plain-colour alternatives (see note 1); or parents can re-order new kit from SWI.

³ The AfPE, Safe Practice: in PE, School Sport and Physical Activity. (AfPE & UK Coaching, 2020), 3.14.30



- 5.3 For students due to finish their time in compulsory Games lesson within two terms, eg. V Group (Year 11) Students, we understand parents will not want to buy a whole new set of kit for just that short while so students may wear the plain versions (see note 1) instead.

6. Jewellery, Long Hair and Nails

- 6.1 “Body jewellery must be removed or taped to a safe standard”⁴ PE Staff will not allow students to participate in an activity where piercings may be at risk of puncturing the skin or being ripped out. Students may be able to take part in individual activities whilst wearing taped piercings, or they may need to adopt other roles (eg. coach/official) during open game play or where piercings come in close proximity to others or equipment.
- 6.2 “Religious artefacts [and medical bracelets] need to be removed or made safe”⁵
- 6.3 “Long hair should always be tied back...to prevent vision being impaired”⁶ Students should bring in their own hairbands or the PE Department may be able to issue them with an alternative but, if neither are available, students will need to take part in another sporting role (eg coach/official).
- 6.4 “Nails need to be sufficiently short to prevent injury to self and others”⁷

Any remaining questions regarding kit, please contact your current Games teacher or the Director of Sport.

Jenny White
Director of Sport

⁴ The AfPE, Safe Practice: in PE, School Sport and Physical Activity. (AfPE & UK Coaching, 2020), 2.14.13

⁵ The AfPE, Safe Practice: in PE, School Sport and Physical Activity. (AfPE & UK Coaching, 2020), 2.14.14/16

⁶ The AfPE, Safe Practice: in PE, School Sport and Physical Activity. (AfPE & UK Coaching, 2020), 2.14.20

⁷ The AfPE, Safe Practice: in PE, School Sport and Physical Activity. (AfPE & UK Coaching, 2020), 2.14.21